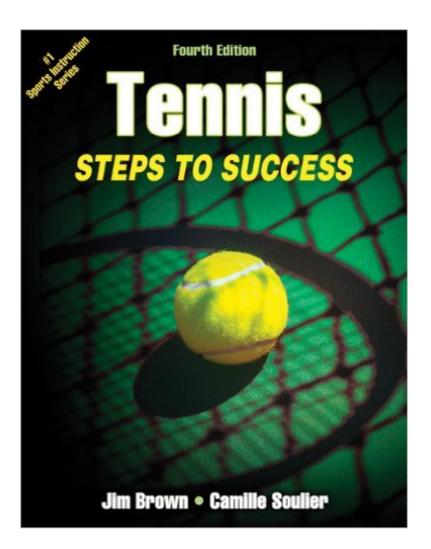
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Tennis: Steps To Success-4th Edition





Synopsis

Master the essential skills, take the court with confidence, and ace the competition! Tennis: Steps to Success provides in-depth, progressive instruction and accompanying full-color photos for each stroke. From forehand to backhand, serve to volley, this popular guide has you covered. Practice and improve those techniques with more than 80 drills that feature a unique scoring system to gauge and accelerate your progress. After mastering the skills, add tactical knowledge to make the right shots in match situations and achieve on-the-court success. Youâ ™II learn how to neutralize your opponentâ ™s strengths, recognize weaknesses, force errors, and capitalize on every opportunity. Whether playing singles or doubles, youâ ™II have the skills, strategies, and confidence to ace the competition. Become the player you always wanted to be. As part of the popular Steps to Success Series, which has sold more than 2 million copies worldwide, Tennis: Steps to Success will take your performance to new heights in all facets of the game. v

Book Information

Paperback: 224 pages Publisher: Human Kinetics; 4 edition (April 18, 2013) Language: English ISBN-10: 1450432085 ISBN-13: 978-1450432085 Product Dimensions: 0.5 x 8.5 x 11 inches Shipping Weight: 1.6 pounds (View shipping rates and policies) Average Customer Review: 5.0 out of 5 stars Â See all reviews (2 customer reviews) Best Sellers Rank: #481,637 in Books (See Top 100 in Books) #31 in Books > Sports & Outdoors > Coaching > Tennis #156 in Books > Sports & Outdoors > Individual Sports > Tennis #190 in Books > Sports & Outdoors > Racket Sports

Customer Reviews

Excellent book. Also, as usual, great price and fast pricing by .IF YOU are a beginning Tennis Player, you should read this book from cover to cover!!!!The Human Kinetics Series of Publications are superior for the sports that they issue publications for.

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